



Email/Ebost: wheeltogether@outlook.com

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Aberystwyth Harbour, South Beach, Aberystwyth, SY23 1JX
Harbwr Aberystwyth, Traeth y De, Aberystwyth, SY23 1JX

Adult bike rides for all abilities

Our Wheel Together club aims to enable as many people as possible to experience and develop a love of cycling and exhilaration by providing a wide variety of bikes and trikes that are accessible for most people.



Trips along our adjacent beautiful cycle paths are complemented with trips further afield to other cycle paths and beauty spots for longer days out.

All our rides are guided by British Cycling trained leaders, so you can enjoy the ride knowing that you are in safe hands.

Our selection of bikes includes ordinary two wheelers, a recumbent trike, selection of sizes of e bikes and trikes, an electric handcycle and electric recumbent trike.

If you would like to come along for a FREE, no obligation taster session, or to join our club either as a participant or as a volunteer, please contact us – details on the front cover.



"Making new friends!"

"Therapeutic being outdoors and gaining strength!"

"Smiles everywhere!"

"Feeling at ease and happy!"

"Slowly regaining confidence!"

"Tremendous feeling of freedom!"





Y
tro cyntaf
AM DDIM

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Teithiau beicio i oedolion o bob gallu

Bwriad Clwb "Wheel Together" ydy galluogi gymaint o bobl â phosib i gael y cyfle i brofi pa mor wefreiddiol a bendigedig ydy beicio, trwy ddarparu beicio sydd yn addas i bawb.



Ceir teithiau ar hyd y llwybrau beicio bendigedig sydd gerllaw yn ogystal â theithiau ar lwybrau ac i gyrchfannoedd sydd y tu hwnt i'r filltir sgwâr.



Tywysir bob taith feicio gan Arweinwyr Beicio a hyfforddir gan British Cycling. Felly gallwch fwynhau'r daith yn gwybod eich bod chi mewn dwylo diogel.

Mae gennym amrywiaeth o feiciau gwahanol i chi eu defnyddio gan gynnwys beiciau tair olwyn, e-feiciau, beiciau llaw yn ogystal â beiciau traddodiadol.

Os hoffech ymuno â ni am sesiwn blasu AM DDIM, heb ymrwymiad, neu i ymuno â'r clwb fel gwirfoddolwr neu i gymryd rhan, cysylltwch â ni - ceir y manylion ar y clawr.

"Gmynedd
frindiau
newydd!"

"Llesol i fod
y tu allan ac yn
cryfhau!"

"Mae gweni
ym mhobman!"

"Teimlad
anhwygoel
o ryddhâd!"

"Yn raddol
yn adenill
hyder!"

"Teimlo'n
fodlon ac yn
hapus!"

